



I Can Do Anything, Too ***A Latino Student's Guide*** ***to Choosing a Career***

By
Carolyn Mattocks

“I believe the children are our future,” sang the late Whitney Houston. How true those words are! We look to the next generation to be our future leaders. Young people need direction today in order to be good leaders tomorrow. Carolyn Mattocks has done an excellent job providing that direction with her latest book, *I Can Do Anything, Too*.

This book was written specifically for Latino students in grades 8-12. It is a guidebook that examines several careers and it helps students determine their interests. The careers discussed throughout the book demonstrate that Latinos are successful in many fields. Some of the fields that are discussed include: Math, Science, Medicine, Politics and Writing. Specific examples are given of famous Latinos in each career field. Students are helped to see that they are not limited, but they truly can do anything.

The book contains activities that help the student to explore the skills needed for each career. The student is encouraged to assess their skills to determine if they would excel in a certain field. Resources are listed so that students can do additional research on careers that interest them.

One section is devoted to recognizing the leadership of Hispanics and contributions they've made to American history. The book states, “The Hispanic immigrants and individuals born in the United States continue to add richness to all aspects of the culture of the United States through their language, customs, ideas and vision for a better world for all.” After reading this book, Latino students will have more reason to take pride in their heritage.

Carolyn Mattocks has a love and passion for History. She has worked in diverse settings such as federal agencies and academic institutions. She has received various honors and attained many achievements. Her knowledge and experience is evident in her writing. Mattocks states, “The *I Can Do Anything, Too* book promotes an understanding of the past by demonstrating that when children better know their history, they gain a positive self-image which leads to self-confidence and self-esteem.” I couldn’t agree more! This book is an excellent tool to promote students’ self-confidence and to help them see that they can achieve anything. I enjoyed this book very much and I know that every reader will appreciate it as much as I do.

Lynia White is a columnist and book reviewer. For more book reviews by Lynia, visit her blog at www.thequalitycorner.com. To request a review, go to www.blackbookreview.com.